

A hummingbird cake may fit the bill for a spring wedding. This is made with mashed bananas, pineapples and chopped pecans. This cake is perfect when paired with cream cheese frosting.

Yellow or white cake are universal favorites for weddings. Some pizzazz can be added through the use of creative fillings. Consider something citrusy and summery for a summer wedding. Raspberry preserves or lemon curd are tart and sweet. For a tropical flair, mangoes or passion fruit can be mixed with touches of coconut.

A winter wedding can be accented with rich flavors, like a decadent chocolate cake filled with chocolate ganache and black cherries -- in a black forest style. Those toasting to the good life may want an almond cake enhanced with some fine liqueur and simple chocolate buttercream.

Couples should sit down with their baker and sample a number of flavor combinations to determine a recipe that works for them.

Pastry companies also may be able to develop a cake that encompasses a couple's favorite flavors or symbolizes a special moment in their lives. A Boston Cream Pie-inspired cake may live up the wedding of a couple who became engaged in Boston. Maybe a cannoli cream filled cake will usher in memories of a trip to Italy. Kids at heart can enjoy candy confection cakes filled with gooey chocolate, nuts and marshmallows.

Whatever the case, couples can use their cake as a centerpiece that wows the senses of taste as well as vision. Consider displaying this culinary masterpiece on a table with the seating cards placed around it so that it can be enjoyed the entire night.

# Feng Shui

By Sunita Sitara



Since this is our bridal issue, I thought it would be a good idea to revisit some of the advice already given which is worth repeating! Whether you are looking for a new love in your life. Or, you are about to get married or, have been married for a while, or, in a long term relationship, having a round or oval mirror in your bedroom will attract a new relationship into your life or it will add harmony to an existing bond. A round or oval mirror symbolizes continuity.

Placing two lovebirds in your bedroom will also strengthen the love bond with your significant other. Another good cure for a loving relationship is to place two pink silk roses in a white vase in your bedroom. Pink is the colour of love, having pink sheets on your bed will enhance romance in your life. Creating a romantic atmosphere in your bedroom will help to bring that spark back or keep it going! Your bedroom needs to be the most serene room in your home. This is where you rest. This room needs to be a sensual space so that you can encourage the romantic advances of your partner! Here's something you can do to have an enduring relationship — it's very important to have a good strong headboard for your bed this will give stolidity to your marriage or romantic relationship.

This is good advice for couples that are starting their new life together; too often when we begin our new life together, we ignore decorating the bedroom. Often young couples put together a mishmash of furniture pieces with no thought given to comfort or how the room looks as you enter it. They will concentrate on the living room, kitchen, etc. thinking those are the rooms company will most likely see. I suggest you pay the same amount of attention to your bedroom as you would to your living area. The bedroom is very important because it's the room where you will rest and have most of your romantic adventures.

As always, clearing away clutter from the bedroom will also allow a sense of tranquility into your primary space for rest. No work related or exercise equipment should be present in your bedroom. Store your television set in an armoire or cover it at night, this will actually aid in a better night's sleep! I am sure by now most of you already know, storing anything under your bed is a definite "no-no"!

If, your master bedroom has a master bath attached to it, as most homes do; the best way to sleep well is to close the bathroom door at night. Also, keep the toilet lid down at all times this will stop the loss of "Chi."

It's always enjoyable to get your letters and phone calls; I look forward to your questions and comments. Recently, I was contacted by the ladies of the Nichols Hills Garden Club. They have been reading my articles in Saturday Magazine and wanted to know if I could come and speak to the club. I will address how to apply Feng Shui for the garden! I am more than happy to give lectures or seminars to groups. If you are interested, please e-mail me at [sunita@sunitasitara.com](mailto:sunita@sunitasitara.com) or, call 842-3992. I am also going to start private lessons on a variety of subject matter; for more information please go to my website and look under classes [www.sunitasitara.com](http://www.sunitasitara.com). If, you are interested in a full home consultation, please get in touch with me. You'd be surprised what a difference a Feng Shui consultation can do for you!

**GOT BUGS!**  
**Termite & Pest Solutions**  
**Lawn & Tree Care**

**Sterling-Graham, Inc**  
**Serving Oklahoma Since 1938**  
**843-6693**