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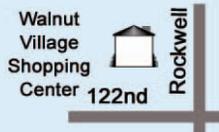
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Feng Shui

By Sunita Sitara



Storm time in Oklahoma! We definitely have our share of violent and scary storms in our fair state! I spent the better part of the afternoon on Tuesday May 24, listening to the dire predictions on television about the multiple, impending tornadoes coming our way. I made sure my survival kit was by my side, had my escape plan all ready. Though, I was very happy I did not have to implement any of it!

It brought to mind the safety we all take for granted while in our homes. The force of a tornado is so devastating, what can mere humans do to survive? It's important to feel safe in our dwellings. Along with prayers I seek to find solutions to have peace of mind. In Feng Shui we actually have a section on the Ba-Gua map that is dedicated to helpful people.

To find the Ba-Gua map go to my website www.sunitasitara.com click on consultation tab and then click on the FAQ tab. I consider angels to be our unseen, ethereal helpers. One of the cures I recommend is to place an angel by your front door, when facing your door positioning an angel to the right will have the optimal advantage. It's also a good idea to call forth the energy of angels to protect you from all four directions. I ask the angel of the north to protect me and bring stability to my home. I ask the angel of the south to bring warm breezes and give thanks for my well-being. I request the angel of the east to bring love to my home. I call the angel of the west to wash my abode in warmth.

Feng Shui is just as much a state of mind as it is doing something that is tangible; like clearing clutter. I feel that keeping your mind clear and in a state of accepting gifts from the sources unknown or unseen is very important.

If, you are not a fan of angels, then you can protect your home with other symbols. For example gargoyles were considered protectors during medieval times. Myths about gargoyles abound, they can become alive at night and protect you while you are sleeping. That may be better than an alarm system!

Another thing you can do is to place two lions by your front door. The Chinese Fu-Dogs will also help in protecting your dwelling. In fact, fu dogs are a great addition to a place of business.

Lastly but not least fairies are also little beings that help in keeping your walkway looking magical as well as providing safety! Of course I think in tornado country having a storm shelter is important, but for those of us who don't have one, asking angel or gargoyle energy to lend a helping hand is not a bad idea!

On another note, I will be on KSBI TV OK 52 as a regular guest talking about Feng Shui! I will also be a guest on 98.9 KYIS FM on June 15, at 4 p.m. on the Drew and Kaci show talking about Numerology. I hope you'll be able to tune in to watch or listen! I send out a monthly newsletter if you'd like to receive it please send me an e-mail Sunita@sunitasitara.com. I would be happy to add your name to my list. If, you are interested in taking a course in Numerology or Feng Shui, I teach both courses at Francis Tuttle technology center on their Rockwell campus, please join me.

As always, I enjoy receiving your e-mails, in fact today's column was inspired partly by the tornadoes and partly by a question posed by a loyal reader!

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