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Feng Shui

By Sunita Sitara



This year is flying by quickly; we are already in the month of May! Life can be very busy, so often we neglect to take care of simple home repairs. Here are a few easy and common sense Feng Shui cures to keep money and opportunities coming into your life! New situations arrive into our life through our front door, so it's vitally important to keep all the doors in your home in good repair, especially your front door! Doors in poor condition can affect your finances, your overall health, and your self-image. Below are causes for difficulties you may be facing in your life because of the condition of your door(s).

- Doors that are hard to open, cause frustration, blocked energy and career problems.
- Doors that are hard to close make it difficult to complete tasks and hard to get paid for work done.
- Door hinges that squeak cause you to worry and bring fear to your mind.
- A door that does not fit properly in the frame makes your life out of balance.
- If the door handle is loose or wobbly, it will be hard for you to get a handle on your life.
- Paint that is chipped or peeling causes depressed or decayed "Chi" or, your overall energy is low.

So, that takes care of our doors, now, how to take care of energy that is seeping away silently in our home, money that is being drained away? Did you know that anytime you have a leaky faucet or a toilet that is running, money is actually slipping away from you? Of course, you are paying for water that is being drained away and you may think the cost is minimal, but water leaking away from your home has a direct effect on your pocketbook! It is an actual "drain" on your finances, and needless to say a depletion of our Earth's most precious resource. It's best to ruthlessly hunt down each leak and fix it as soon as possible. Here's another great tip; put the toilet lid down before flushing, this action will prevent Chi and money being siphoned away while flushing. It also stops bacteria from coming up into the air where you could breathe it. This has a two-fold advantage!

I find that so many of the Feng Shui cures are simple common sense. Your home is a place where you spend time recuperating and rejuvenating yourself after the outside world has taken your energy. If, your abode is not in its best condition, of course, it will affect your overall health! A cluttered home will lead to a cluttered mind, as well as poor health. A messy desk will inhibit your ability to meet deadlines on time. An unorganized closet will take away time from your day as you get ready to meet the challenges set in front of you.

I hope these simple cures have helped you. Now to a question a loyal reader recently wrote asking about how to invite romance into her life? This is one of my favorite questions! My advice to her is: make room in your closet, hang a few empty hangers. This will send the message you are ready to share your closet as well as your life with another. The same type of thinking goes behind having a shelf empty in the bathroom and keeping a drawer empty in your armoire. Please feel free to send me your questions and I would be delighted to answer them here in the column! E-mail your questions to Sunita@sunitasitara.com. I look forward to hearing from you, until next month!

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