

## Sam Bradford *Continued from Page 6*

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played since high school.

“If I’m not on a football field, you’ll probably find me on a golf course,” he said. “I also got in to playing ping pong. We had a table in our garage in Norman. I like to do anything to stay competitive and active.”

Despite the distance, Bradford said he still keeps in touch with his former teammates and friends at PC North.

“Some of my best friends are from high school,” he said. “It’s a great thing to know that no matter where I am, we can always do what we did in high school – whether it’s playing golf or just hanging out.”

Going through the draft process, Bradford said he found a resource in some former Sooners who are now playing, or have played in the NFL.

“They advised me to enjoy the process,” he said. “You only get to do this one time. It gets to be stressful hearing different reports, but you can’t control that. I can only control how I worked out or interviewed.”

With rampant speculation about when he will play, or even start, for the Rams, Bradford is keeping his focus simply on the task at hand.

“I’m going to show up everyday and work as hard as I can,” Bradford said, “and do whatever I need to help our team win.”

## Feng Shui

By Sunita Sitara



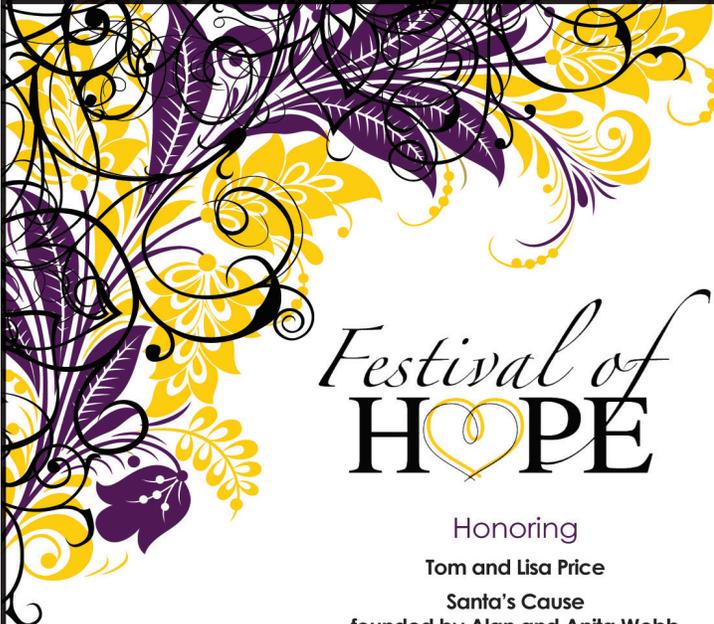
Celebrate your independence from clutter, the relationships that drain your energy, the clothes, books and stuff that is no longer pertinent in your life this month! The easy rule of thumb for clothes; anything you have not worn in a year needs to be given away.

Books collect an enormous amount of dust; unless you vow to dust your books monthly, give them away. Clutter in your home is a constant energy drain. To have clarity of mind get rid of things that are no longer needed or used.

Toxic relationships drain emotional energy from you. A toxic person in your life prevents you from realizing your potential. In order to have healthy relationships; three key questions are necessary; Do I feel drained when I am in the company of this person? Does this person rain on my parade? Is this person critical of me? If, you answered yes to any three questions, the person you are with is not supportive of you.

How can Feng Shui help in bringing caring people into your life? Place an angel by your front door and helpful people will come easily to you.

Please send your questions to [sunita@sunita-sitara.com](mailto:sunita@sunita-sitara.com).



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