

Feng Shui

By Sunita Sitara



Feng Shui is how to create harmony between people and the environment. It is how the Universal energy known as 'Chi' affects you.

The Chi is energy that enters your home through your front door. It travels through your home. If your home is cluttered, the energy gets stuck and becomes stagnant. This eventually affects the residents of the home in various ways. Feeling lethargic, becoming ill, always being fatigued, or being unfocused are results of 'stuck chi'. In order to free the Chi, clutter needs to be eliminated and furniture needs to be placed in harmonious ways. There are different types of 'cures' that can be performed to move the stagnant energy. This is where a Feng Shui consultant can be invaluable.

There are nine areas in a person's home that relate to all aspects of one's life. These nine areas are represented in a Ba-Gua map. This allows a person to energize the stuck area. Feng Shui is a solution oriented philosophy, move the energy in your home to bring new opportunities into your life. You are reflected in your home, and your home is reflected in you.

Email your questions to ssitara52@earthlink.net



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